

RETATRUTIDE 15mg TITRATION

How to Reconstitute Retatrutide:

1. Clean the top of the Retatrutide vial with an alcohol wipe.
2. ***Pull back plunger on syringe. Insert into retatrutide vial. The plunger should move, equalizing the pressure in the vial.***
3. Clean top of Bac Water vial. Use an insulin syringe to draw up the required amount of BAC water.
 - Phase 1, inject 2 ML of BAC water into the 15 mg Retatrutide vial.
 - Phase 2, inject 1 ML of BAC water into each 15 mg Retatrutide vial.
 - Phase 3, inject 1 ML of BAC water into each 15 mg Retatrutide vial.
 - Phase 4, inject 0.75 ML of BAC water into each 15 mg Retatrutide vial.
 - Phase 5, inject 0.6 ML of BAC water into each 15 mg Retatrutide vial.
4. Mix the Solution:
 - o Inject the required amount of BAC water into the Retatrutide vial. Aim injection towards the wall of the vial to reduce turbulent mixing.
 - o It is best to let the vial sit until the powder is dissolved without your interference.
 - o You can gently swirl the vial to mix until the powder is fully dissolved.

DO NOT SHAKE!! Shaking the mixture will destroy the solution!

Phase 1

Requires Purchase of (1) Retatrutide Kit or (1) 15mg Retatrutide vial

Inject 2ml of BAC water into the 15mg Retatrutide vial.

Week	Dose (mg)	Syringe Volume	Syringe Units
1	2.5 mg	0.33 ml	33 units
2	2.5 mg	0.33 ml	33 units
3	3.5 mg	0.47 ml	47 units
4	3.5 mg	0.47 ml	47 units
5	3.5 mg	0.47 ml	47 units

Phase 2

Requires Purchase of (2) Retatrutide Kits or or (2) 15mg Retatrutide vials

Inject 1ml of BAC water into each 15mg Retatrutide vial.

Week	Dose (mg)	Syringe Volume	Syringe Units
6	5 mg	0.33 ml	33 units
7	5 mg	0.33 ml	33 units
8	6 mg	0.4 ml	40 units
9	7 mg	0.47 ml	47 units
10	7 mg	0.47 ml	47 units

Phase 3

Requires Purchase of (2) Retatrutide Kits or or (2) 15mg Retatrutide vials

Inject 1ml of BAC water into each 15mg Retatrutide vial.

Week	Dose (mg)	Syringe Volume	Syringe Units
11	7.5 mg	0.5 ml	50 Units
12	7.5 mg	0.5 ml	50 Units
13	7.5 mg	0.5 ml	50 Units
14	7.5 mg	0.5 ml	50 Units

Phase 4

Requires Purchase of (3) Retatrutide Kits or or (3) 15mg Retatrutide vials

Inject .75ml of BAC water into each 15mg Retatrutide vial.

Week	Dose (mg)	Syringe Volume	Syringe Units
15	8 mg	0.40 ml	40 units
16	8.5 mg	0.43 ml	43 units
17	9 mg	0.45 ml	45 units
18	9.5 mg	0.48 ml	48 units
19	10 mg	0.50 ml	50 units

Phase 5

Requires Purchase of (4) Retatrutide Kits or or (4) 15mg Retatrutide vials

Inject .6ml of BAC water into each 15mg Retatrutide vial.

Week	Dose (mg)	Syringe Volume	Syringe Units
20	11.0 mg	0.44 ml	44 units
21	11.0 mg	0.44 ml	44 units
22	12.0 mg	0.48 ml	48 units
23	12.5 mg	0.50 ml	50 units
24	12.5 mg	0.50 ml	50 units

Subcutaneous Injection Guideline

1. Wash Your Hands:
 - o Use soap and dry thoroughly.
 - o Put on gloves if necessary.
 2. Open the Alcohol Wipe:
 - o Wipe the top of the vial with the alcohol pad.
 3. Draw the Medication:
 - o Insert the syringe into the vial and pull back the barrel to your desired dose.
 4. Inserting the Needle into the Subcutaneous Area:
 - o Pinch together the skin of your stomach.
 - o Insert the needle at a 90-degree angle.
 5. Injecting Medicine:
 - o Inject the medicine.
 6. Remove the Needle:
 - o Once the medicine is injected, remove the needle at the same angle as it went in.
 - o Place bandage over the area where you gave the injection if needed.
- Dispose of syringe properly.

