

SEMAGLUTIDE 15mg TITRATION

How to Reconstitute Semaglutide:

1.

Clean the top of the Semaglutide vial with an alcohol wipe.
2.

Pull back plunger on syringe. Insert into Semaglutide vial. The plunger should move, equalizing the pressure in the vial.
3.

Clean top of Bac Water vial. Use an insulin syringe to draw up the required amount of BAC water.

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Phase 1, inject 3 ml of BAC water into the 15mg Semaglutide vial.

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Phase 2, inject 2 ml of BAC water into each 15mg Semaglutide vial.

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Phase 3, inject 1 ml of BAC water into each 15mg Semaglutide vial.

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Phase 4, inject 1 ml of BAC water into each 15mg Semaglutide vial.
4.

Mix the Solution:

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Inject the required amount of BAC water into the Semaglutide vial.

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Aim injection towards the wall of the vial to reduce turbulent mixing.

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It is best to just let the vial sit until the powder is dissolved without your interference.

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You can gently swirl the vial to mix until the powder is fully dissolved.

DO NOT SHAKE!! Shaking the mixture will destroy the solution!

Phase 1

Requires Purchase of (1) Semaglutide Kit or (1) 15mg Semaglutide vial

Inject 3ml of BAC water into the 15mg Semaglutide vial.

Week	Dose (mg)	Syringe Volume	Syringe Units
1	0.5	0.100	10 units
2	0.5	0.100	10 units
3	1	0.200	20 units
4	1	0.200	20 units
5	1	0.200	20 units
6	1	0.200	20 units
7	1.5	0.300	30 units
8	1.5	0.300	30 units
9	1.5	0.300	30 units
10	1.5	0.300	30 units
11	2	0.400	40 units
12	2	0.400	40 units

Phase 2

Requires Purchase of (1) Semaglutide Kit or (1) 15mg Semaglutide vial.

Inject 2ml of BAC water into the 15mg Semaglutide vial.

Week	Dose (mg)	Syringe Volume	Syringe Units
13	2	0.267	27 units
14	2	0.267	27 units
15	2.5	0.333	33 units
16	2.5	0.333	33 units
17	3	0.400	40 units
18	3	0.400	40 units

Phase 3

Requires Purchase of (1) Semaglutide Kit or (1) 15mg Semaglutide vial.

Inject 1ml of BAC water into the 15mg Semaglutide vial.

Week	Dose (mg)	Syringe Volume	Syringe Units
17	3.5	0.233	23 units
18	3.5	0.233	23 units
19	4	0.267	27 units
20	4	0.267	27 units

Phase 4

Requires Purchase of (2) Semaglutide Kits or (2) 15mg Semaglutide vials.

Inject 1ml of BAC water into each 15mg Semaglutide vial.

Week	Dose (mg)	Syringe Volume	Syringe Units
23	4.25	0.28	28.3 units
24	4.50	0.30	30.0 units
25	4.75	0.32	32.0 units
26	5.0	0.33	33.3 units
27	5.25	0.35	35.0 units
28	5.25	0.35	35.0 units

Subcutaneous Injection Guideline

1.

Wash Your Hands:

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Use soap and dry thoroughly.

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Put on gloves if necessary.
2.

Open the Alcohol Wipe:

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Wipe the top of the vial with the alcohol pad.
3.

Draw the Medication:

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Insert the syringe into the vial and pull back the barrel to your desired dose.
4.

Inserting the Needle into the Subcutaneous Area:

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Pinch together the skin of your stomach.

o

Insert the needle at a 90-degree angle.
5.

Injecting Medicine:

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Inject the medicine.
6.

Remove the Needle:

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Once the medicine is injected, remove the needle at the same angle as it went in.

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Place bandage over the area where you gave the injection if needed.

Dispose of syringe properly.
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- This guide should not be considered medical advice or guidance.